Responsibility experience for your own life through volunteering

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Objectives

The object of the study – volunteering experience of young adult.

Materials and Methods

Interpretative Phenomenological Analyses is research methodology. According to the phenomenological approach research itself is not focusing in any foreseen objectives, oriented to the volunteers experience.

Results

In this article is presented part of the research, giving deeper view on one of the super-ordinates theme, with the aim: to present responsibility for your own life experience of young adults in long term and full time volunteering, while volunteered is held in social help area. In the study participated 6 research participants, 3 young man and 3 young woman in the age 20 to 30 years old and to collect the data of the research were used semi-structured interviews.

Conclusions

Conclusions of the study, presented in this article shows:

1. Through volunteering experience research participants perceived power and duty of own life quality. Research participants in the volunteering experience getting awareness about own life quality – they can and they must to be responsible of own life.
2. This power of responsibility is hidden in themselves and change of own life depends on the decisions made of them while volunteering. Prior experience of responsibility is opening decision possibilities and freedom possibility in any change of life.